

DETOXIFICATION PROGRAM

Dr. Arthur Furst, the father of chemotherapy originally designed the detox program, to act as a detox for people after receiving this therapy. He realised that many times more people die of the treatment of the poison introduced into the body to kill the cancer, than the disease of cancer itself. He is astonished to see that the medical profession give chemo, but never give the antidote afterwards.

For most of our lives, we are exposed to pollution through the air we breathe, water we drink and food we eat. We shall more and more become exposed to chemical pollutants to safeguard us against other kind of diseases, e.g. chlorine in water to prevent us from getting cholera, pesticides and herbicides to see to it that we get to the fresh produce first, before the bugs do. Many people sit with amalgam tooth fillings that leak mercury into the body, slowly toxifying them, causing unexplainable symptoms and in most cases manifesting as symptoms which the doctor tries treating, whilst the cause is heavy metal toxicity. Most of these eventually become hazardous waste as it stores in the body. As levels of certain pollutants in our body increase, like heavy metal poisoning, the risk to get certain life threatening diseases becomes bigger. Some of them can be avoided like cancer, Alzheimers and others.

The majority of people are constipated. The average person takes up to 3 days to excrete the meal he had today. Even the best food, left to rot at 37 degrees in a dark place, will eventually become toxic waste. If we do not eliminate the food we eat within 12 hours we are at risk of becoming prey of the same thing that was meant to do us good. Not getting rid of the toxic matter in our bodies creates a feeling of malaise, bloatedness, fatigue, compromised immunity and unexplained medical conditions.

Water acts as a carrier for and solvent of toxins that are in the body. The purer the water (with nothing diluted in it like sugar or any other substance – thus no coffee, fruit juices etc.) the better the solvent it is and the less water we eventually have to drink. Using purified water, supplied by a suitable water purification system, and detoxing one month per year with the following program guarantee us to feel our vibrant best. Questions frequently asked are, when is it the best time to take the program, before, during or after taking the Feel Better Program? It all boils down to budget, but it may make good sense detoxing first, because who likes to feed his tapeworm his expensive supplements? Kill it first. If you do not have one, use the programs together. It will not clash or cause smoke to come from your nose or ears!

BETA GUARD

Dose: 6/day. Through a special formulation of anti-oxidants, Beta-guard loosens toxins stored in the cell. These toxins may be in the fatty depots of the body, brain or other vital organs like the liver and lungs.

MULTI-MINERAL & ALFALFA

Dose: 6/day. The multi-minerals bind with the loosened toxins to alter it into a water-soluble salt, which could be disposed of easier.

STAGE 6

Dose: 6/day. The esters and oils of the prunes and senna leaves help with the elimination of the toxins out of the cell, whilst in their water-soluble state. It acts as a mild laxative, without the negative effects of a laxative, like irritating the digestive system and losing valuable electrolytes or being habit forming. Normally with conventional laxatives, it would mean the release of fluids through the bowels, creating a flush and dehydration. However, be warned. Rather start with 3-4 per day if you are not normally constipated, because it may permanently cure you of coughing and sneezing!

The toxins are carried as waste into the lymphatic system. The lymph, after passing through the nodes, is dumped into the digestive tract and excreted from the body.

GARLIC ALLIUM COMPLEX

Dose: 6/day. Garlic acts as a natural anti-biotic and kills organisms like tape and hookworms, intestinal parasites and bacteria, e.g. candida albicans. The Allium already starts its function in the lymphatic system, killing unwanted and harmful organisms. The period to kill off certain of these organisms may take up to four weeks of exposure to the active ingredient of Allium, called allisin. The amount of 6/day will do the job. An indication of the effective way in which the Allium does its job is to measure it by its smell. When you experience garlic body odours, it means the Allium is in contact with toxins and is fighting. When these odours disappear, it means there are no toxins with which it is coming into contact.

FIBRE TABLETS

Dose: 35-40g/day. Take note that your diet already contains fibre. The tablets only make up for the deficit. Now that the toxins are released into the digestive tract from the lymphatic system, you want to decrease the period of contact with the digestive system on the one hand, but on the other you want to protect it from reabsorbing the waste. Fibre acts as a carrier medium for this waste and acts as a colon "scrub", by getting rid of waste lying in the folds of the colon, which may be lying there rotting and not being eliminated from the body.